

**MINI-MENTAL
STATE EXAMINATION
(MMSE)**

Patient Name: _____
Rater Name: _____
Date: _____

Activity _____ **Score**

ORIENTATION – one point for each answer

Ask: “What is the: (year)(season)(date)(day)(month)?” _____

Ask: “Where are we: (state)(county)(town)(hospital)(floor)?” _____

REGISTRATION – score 1,2,3 points according to how many are repeated

Name three objects: Give the patient one second to say each.

Ask the patient to: repeat all three after you have said them.

Repeat them until the patient learns all three. _____

ATTENTION AND CALCULATION – one point for each correct subtraction

Ask the patient to: begin from 100 and count backwards by 7.

Stop after 5 answers. (93, 86, 79, 72, 65) _____

RECALL – one point for each correct answer

Ask the patient to: name the three objects from above. _____

LANGUAGE

Ask the patient to: identify and name a pencil and a watch. (2 points) _____

Ask the patient to: repeat the phrase “No ifs, ands, or buts.” (1 point) _____

Ask the patient to: “Take a paper in your right hand, fold it in half,
and put it on the floor “ (1 point for each task completed properly) _____

Ask the patient to: read and obey the following: “Close your eyes.” (1 point) _____

Ask the patient to: write a sentence. (1 point) _____

Ask the patient to: copy a complex diagram of two interlocking pentagons. (1 point) _____

TOTAL (0–30): _____

References

Folstein MF, Folstein SE, McHugh PR. “Mini-mental state.” A practical method for grading the cognitive state of patients for the clinician. J Psychiatr Res. 1975;12:189-198.